THE LATEST
NEWS FROM THE
NORTHERN INDIANA
MOUNTAIN BIKE ASSOCIATION
VOLUME 2 NUMBER 8

## NIMBA



Spring 1996

## Don't Leave A Lasting Impression



Next time you hit the trail, please remember to minimize your impact. It's really easy. Just follow these simple rules:

- 1 Always control your speed.
- 2 Stay on designated trails
- 3 Don't cut switchbacks.
- 4 Avoid muddy trails
- 5 Minimize "brake-slides" and skidding.

The less we leave behind, the more we'll have to look forward to.

# Ride Responsibly.

A public Service announcement of the International Mountain Bicycling Association and the Northern Indiana Mountain Bike Association (NIMBA)

## Rain, Rain, Go Away !!!!!

The Grand Opening at Rum



Village went great. The trail was in great shape. The turn out was huge. The Mayor came out and all three T.V. stations were there.

However things have gotten nasty since Mother Nature has dumped a continuous deluge on the trail. The entire center section is flooded, as well as several other spots along the trail. NIMBA has addressed the problem by re-routing the trail to avoid the newly formed pond and by building levies in other flooded areas.

Please bear with us. When we fix one area the rains bring us another. We ask that you stay on the trail -DO NOT RIDE AROUND MUD HOLES, this only makes them bigger and more work to fix. Also, do not alter or change the trail in any way, shape, or form. You may be destroying endangered plant life. Do not scratch arrows on the ground at the entrance to ride the trail backwards. You may endanger hikers.

We also ask if you see anyone doing these things to ask them to please stop.

One more thing – THORNS—

they are everywhere as well as poison ivy; so, stay on the trail. OBEY the TRAIL CLOSED sign and *Tread Lightly*.

### MY TWO CENTS WORTH

by Mad Max

Every once in awhile, even we diehard, go-fast bikers can benefit from slowing down to see what's around us in the woods and fields. I say this because I've found that the fun of the ride often disappears when the ride starts to turn into a race.

When I back down the pace, I notice the way the trail loops around, and how someone could manage to fit 10 miles of singletrack into a fairly small woods. I might see a deer standing off to the side, or some piece of treasure (ejected water bottles, broken reflectors) glistening by the trail. Usually when I ride at a brisk pace, I lose track of where I am ("lost in the middle of nowhere" doesn't count). At an easier pace. my sense of direction holds up, and I know which way to head if I have to hike out with a broken bike. At speed, I develop tunnel vision, and these revelations don't occur.

Don't get me wrong - there's a place for fast trail rides. I usually ride with a group of faster riders, and it makes me better trying to keep up with them. I like the challenge of cutting my lap time at Lawless or Custer, and I need

the speed work to improve my race results. I can and do have fun going fast (except for those highspeed encounters with trees or earth), but there's a limit.

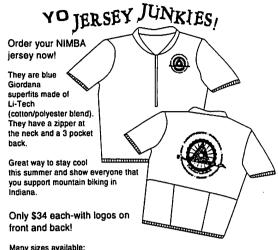
My message, as if you asked, is to try a slower ride once in awhile, and see what's around you. Practice your technical skills, or do some trail maintenance as you go. If your significant other rides (slower than you), go at his/her speed for a change, and not just for the first mile or two. Just remember, it's supposed to be fun, and don't let it become what we all try to avoid: WORK.

RUM VILLAGE TRAIL **MAINTANCE JUNE 16 @ 9:30 AM** 

Bring shovels, rakes, wheelbarrows and elbow grease.

#### NIMBA EVENTS

Several prospective and new members of NIMBA have indicated an interest in riding events sponsored by NIMBA. have attempted schedule some group rides, but they have not been well attended. We just have not hit the right formula for group events....YET. To figure it out, we are establishing a committee.If vou interested in thinking up, coordinating and/or putting on riding events, contact John 291-4885 Farabaugh at (home) or John Neupauer at 273-8528 (home).



Many sizes available:

	SM						XXXXI
HEST	39-40	41-42	43-44	45-46	47-48	49-50	51-52

To order: 1. Pay at our next meeting → June 10th → 8:00 at Don Pablos Restaurant.

> 2. Send check to: NIMBA PO Box 6383 South Bend, IN 46660-6383 (Please include the size and phone number so we can call when they

· ALL ORDERS MUST BE IN BY JULY 1ST \*

#### CONGRATULATIONS

Larry Strock of Osceola won the drawing for the Diamond Back mountain bike.

Mayor Joe Kernan selected the winning ticket at the Grand Opening of the Rum Village Pathway. Thanks to all of you who bought tickets and sold them.



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